

POST-OPERATIVE CARE FOR DENTAL IMPLANTS

1. For the first few days after surgery, avoid physical exertion (i.e. sports, heavy lifting etc.)
2. Avoid alcohol for 2 weeks, as this can affect the healing of the tissues.
3. You should not smoke at all as it can affect the longevity of the implant.
4. For the next 24 hours, avoid hot drinks such as tea and coffee.
5. Denture wearers should discuss with their surgeons when they may resume wearing their dentures. Leaving the denture out after surgery will help with the healing of the soft tissues.
6. A surgical dressing may be placed around the incision after surgery. This should remain in place for one to two weeks. Avoid brushing this area. Instead, use a cotton bud with Savacol. Clean gently.
7. Rinse with Curasept mouthwash three to four times a day. This will help the wound to heal.
8. If antibiotics have been prescribed, please take as directed and finish the course. If you appear to be having a reaction to the medication, please call the surgery.
9. Please maintain a fairly soft, high protein diet throughout the post operative phase. Do not use a water-pick, play with the area with your tongue, or eat hard or crusty foods.
10. If you have had a sinus lift procedure, or upper back implants placed, please avoid blowing your nose for approximately 2 weeks after surgery. This will help prevent infection. Please avoid flying or swimming for 2 weeks after surgery, and please try and sneeze through your mouth and not through your nose.
11. It is very important that your oral hygiene and home care is maintained to the highest standards, and that all hygiene appointments must be attended.

As with any surgery, the possibility of infection exists. If anything concerns you during the time that the implants have been placed and up to the time of exposure, please do not hesitate to contact us.

For Emergencies: Please call us on 46553705 or your Doctor or report to the casualty department of a hospital near you.